

Video: We're curious about nutrients!

Word Search

Find the hidden words associated with nutrients! All words can be found horizontally, vertically, or diagonally.

Video link: <http://youthbiolab.ca/nutrients/>

S R E U E E N L Y J P W D C D H B S V T
W T B T D S M I N I E A O V O S U E I A
A X C Z A I S F E L P M N R O R I L T F
T W W A N R J E I T P K M S F A L U A D
E Q F E F Q D E N L O O M E D G D C M E
R M R T H L X Y E T N R G M E U T E I T
T A S W B G A X H E I M P Y S S I L N A
L S K C A N S N S O Y A X Z S E S O S R
L L J P A U A C O J B F L N E L S M J U
F O O D G U I D E I O R Y E C P U A H T
V G B A Y B G E I S T W A U O M E E I A
U B R Y H T L A E H U I N C R I L N J S
E S D I G E S T I O N Q R W P S Q T C N
F R U I T S A N D V E G E T A B L E S U
S A T U R A T E D F A T C K U G H T V X
R Q M T E I D D E C N A L A B N Q A L W

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SATURATED FAT
SIMPLE SUGARS
SNACKS
UNSATURATED FAT
VITAMIN
WATER

